

## Prescribing Information

**DESCRIPTION:** Bextram Silver is a special formulation comprising of important Vitamins and Minerals. Each film-coated tablet contains: Vitamin A USP 5000 IU, Vitamin C USP 60 mg, Vitamin D USP 400 IU, Vitamin E USP 45 IU, Vitamin K USP 10 mcg, Thiamine Mononitrate USP 1.5 mg, Riboflavin USP 1.7 mg, Niacin USP 20 mg, Pyridoxine Hydrochloride USP 3 mg, Folic Acid USP 400 mcg, Cyanocobalamin USP 25 mcg, Biotin USP 30 mcg, Pantothenic Acid USP 10 mg, Calcium BP 200 mg, Phosphorus USP 48 mg, Iodine USP 150 mcg, Magnesium USP 100 mg, Zinc USP 15 mg, Selenium Ph. Grade 20 mcg, Copper Ph. Grade 2 mg, Manganese USP 2 mg, Chromium USP 150 mcg, Molybdenum BP 75 mcg, Chloride USP 72 mg, Potassium USP 80 mg, Boron Ph. Grade 150 mcg, Nickel Ph. Grade 5 mcg, Silicon Ph. Grade 2 mg, Vanadium Ph. Grade 10 mcg & Lutein USP 250 mcg.

**INDICATIONS:** Bextram Silver is a comprehensive multiple vitamin and mineral supplement specially formulated for the prevention and treatment of vitamin and mineral deficiencies for adults over 50 years of age. It is indicated for improving the nutritional status of elderly patients.

**DOSAGE AND ADMINISTRATION:** One tablet once daily with food or as indicated by the physician.

**CONTRAINDICATIONS:** This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**SIDE EFFECTS:** Generally, this preparation is well tolerated. Allergic sensitization has been reported following oral administration of folic acid. Vitamin C and vitamin E may cause diarrhea and other gastrointestinal disturbances.

**PRECAUTIONS:** Excess vitamin A intake may be toxic and increase the risk of birth defects. Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults.

**DRUG INTERACTIONS:** No such drug interactions have been reported. USE IN

**PREGNANCY AND LACTATION:** Recommended by the consultation with physician.

**STORAGE:** Store in a cool and dry place protected from light and moisture. Keep out of reach of children.

**COMMERCIAL PACK:** Each HDPE bottle contains 30 tablets of multivitamins and minerals.